





PRESENT THE

CONSCIOUS LEADERSHIP AND ETHICS SUMMIT™ 2025

FROM CHAOS TO CONSCIOUSNESS: EXTERNAL CHAOS AND INNER CONFLICT

IN PARTNERSHIP WITH:



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IN ASSOCIATION WITH:



SPEAKERS AND PANELISTS



ADAM CRAKER

CEO: IQbusiness / Winner CC Awards 2018

Programme Director: 'Activist CEO' – A visionary leader who is an ardent lobbyist for government and business collaboration, Adam places the emphasis on education as the key ingredient to drive an inclusive future for all South Africans.



GURU KALI

Director: Agni Media Concepts / Conscious Leadership Academy

'Seeker' – Advocating purpose, meaning and understanding of the human experience, through the transformation of consciousness.



PROF. MERVYN KING

Patron: Good Governance Academy / Conscious Companies

King of Governance' - Recipient of numerous accolades and awards for pioneering corporate governance globally.



NICOLAS SYZ

Head of Wealth Management: Banque Syz

'Differentiator' – A modern commitment to responsibility, cultivating trust and enduring partnerships



PROF. SHADRICK MAZAZA

Founder: African Consciousness Institute
Graduate School of Business: University of Cape Town

'Pioneer' - Teaches consciousness and personal transformation and facilitates the raising of human consciousness required to deal with challenges.



NAZIH MUSTAPHA

CEO: BITALIAN / Board Member: IAHV

'Human Values' – Improving the lives of people to cultivate unbiased love, patience and consciousness.



HOOSAIN KARJIEKER

Chairman: Mail & Guardian

Champion' - Drives an agenda of integrity, trust and authentic reportage that embodies the spirit of conscious leadership.

PANEL DISCUSSION ONE: NAVIGATING EXTERNAL CHAOS TO CONSCIOUSNESS



MICHAEL JUDIN: PANEL CHAIR

Partner at Judin Combrinck Attorneys Inc.

'Stalwart' - An unwavering champion of conscious leadership as non-executive Chairman of the Conscious Leadership Academy and is also the non-executive director of the American Chamber of Commerce



RICHARD FIRTH

Chairman and CEO: MIP Holdings

'Exemplary' – Nurturing talent in the technology space as a force for change.



JACO MARITZ

CEO: SYSPRO

'Responsibility' – Committed to creating an environment where people matter.



DR WILHELM LICHTENBERG

Specialist: Heart Surgeon
Founder: Young Hearts Africa (NGO)

'The Singing Surgeon' – Leveraging the power of music to create awareness to save children with congenital heart disease.



KASHNIE NAIDOO

Founder & CEO: Crescent Compliance Solutions

'Catalyst' - Committed to transforming compliance into a strategic advantage

PANEL DISCUSSION TWO: JOURNEY FROM INTERNAL CHAOS AND CONFLICT TO CONSCIOUSNESS



VIVIANA VAN AGTMAAL: PANEL CHAIR

Chief Representative Officer (SA): Banque Syz

'Do the right Thing' – An integral part of the conscious leadership ecosystem since its inception and she is an advocate for ethical management, principled leadership and uncompromised excellence.



MARC LUBNER

Executive Deputy Chairman: Africa Tikkun

'Visionary' – He has made an indelible difference in the lives of young people by providing skills development and training from cradle to career.



DR. JAN BELLERMANN

CEO: Conscious Leadership Academy

'Transformative' - consciousness is the most effective catalyst for successful transformation that enables leaders to discover new perspectives.



SLAVEN GAJOVIĆ

CEO: Maximum Group

'Conscious Alchemy' - Innovative technology to generate jobs rather than replace them and drive impactful economic growth.



LADY-LEELAI KPUKUYOU

Founder: Global Impact Consultancy

'Gender Advocate' - Delivers cutting-edge strategies to drive systemic change to empower communities.

PROGRAMME

08:15 REGISTRATION | BREAKFAST

09:00 ADAM CRAKER | PROGRAMME DIRECTOR - CEO: IQBUSINESS

GURU KALI | WELCOME - DIRECTOR: AGNI MEDIA CONCEPTS

PROF. MERVYN KING | OPENING REMARKS - PATRON: GOOD GOVERNANCE ACADEMY

BRENDA KALI | FOUNDER / CHAIRPERSON: CONSCIOUS COMPANIES

09:30 VIRTUAL AI PANEL DISCUSSION ON CONSCIOUS LEADERSHIP FROM ACROSS THE CENTURIES

WILLIAM SHAKESPEARE | MARCUS AURELIUS | NIKOLA TESLA | FRANZ KAFKA | SUN TZU

HOOSAIN KARJIEKER | CHAIRMAN: MAIL & GUARDIAN

NICOLAS SYZ | HEAD OF WEALTH MANAGEMENT: BANQUE SYZ

LUBIN OZOUX | CEO: DUNLOP SA - **VIRTUAL FROM JAPAN**

RICHARD FIRTH | CHAIRMAN AND CEO: MIP HOLDINGS

SLAVEN GAJOVIC | CEO: MAXIMUM GROUP

DR. PEPE MARAIS | PARTNER / GROUP CHIEF CREATIVE OFFICER: JOE PUBLIC - **VIRTUAL FROM EUROPE**

NAZIH MUSTAPHA | CEO: BITALIAN / BOARD MEMBER: IAHV

PROF. SHADRICK MAZAZA | FOUNDER: AFRICAN CONSCIOUSNESS INSTITUTE / UCT

DR. JAN BELLERMANN | CEO: CONSCIOUS LEADERSHIP ACADEMY

SRI SRI RAVI SHANKAR | FOUNDER: ART OF LIVING FOUNDATION - **VIRTUAL**

COMFORT BREAK

11:00 SRI PREETHAJI | CO-FOUNDER: EKAM WORLD CENTRE FOR ENLIGHTENMENT (INDIA) - **VIRTUAL**

11:30 PANEL DISCUSSION ONE: NAVIGATING EXTERNAL CHAOS TO CONSCIOUSNESS

MOHANJI | FOUNDER: MOHANJI FOUNDATION - **VIRTUAL**

12:20 PANEL DISCUSSION TWO: JOURNEY FROM INTERNAL CHAOS AND CONFLICT TO CONSCIOUSNESS

KAREN BUCKLEY | FOUNDER: COMMUNICORE CONSULTING - **VIRTUAL**

MICHAEL JUDIN | PARTNER AT JUDIN COMBRINCK ATTORNEYS INC. - **CLOSING REMARKS**

13:30 LUNCH

VIRTUAL PRESENCE OF GLOBAL ICONS AND HUMANITARIANS WHO SHARE THEIR WISDOM ON CONSCIOUSNESS



SRI SRI RAVI SHANKAR

Founder: Art Of Living Foundation

'Inspiration' - He has inspired millions around the world with a vision of a stress-free, violence-free world.



SRI PREETHAJI

Co-creator: Ekam - World Centre For Enlightenment

'Impactful' - Led millions on a profound journey into consciousness, helping them to find meaningful purpose to awaken to their true nature.



MOHANJI

Founder: Mohanji Foundation

'Loving kindness' - His purpose and vision is to unite the world with the highest values of love, kindness, compassion and selflessness.



KAREN WILLHILM BUCKLEY

Founder: Communicore Consulting

'Trusted Advisor' - Cultivating conscious leaders while recognising that navigating complex challenges

CALL FOR NOMINATIONS FOR THE CONSCIOUS COMPANIES AWARDS 2025

TO NOMINATE A CONSCIOUS, ETHICAL LEADER VISIT:

WWW.CONSCIOUSCOMPANIES.ORG

CLOSING DATE: MAY 31, 2025

FINAL WEEKS!!!

EVERY BREATH - A SACRED CHANCE TO LIVE DEEPLY, TO WAKE, TO DANCE AND TO WEATHER THE STORM

By **Brenda Kali**

We live in a time of extraordinary complexity. Technological acceleration, global uncertainty, climate change, social unrest, economic volatility; all swirling into a dizzying dance of disruption. And it does not stop there. Leaders today are not only navigating external crises; they are also wrestling with internal noise: decision fatigue, burnout, self-doubt, imposter syndrome, and the heavy weight of expectation.

The intention of the theme of the Conscious Leadership and Ethics Summit today is to explore solutions to the complex challenges that confront us. We invite a new kind of conversation, one that doesn't seek to control the chaos or suppress the conflict, but to engage with it more deeply, more honestly, and ultimately, more ethically.

The soul searing conversations from global icons, humanitarians, conscious leaders and ethical advocates of governance is a pathfinder with the hope that a more conscious future is possible for those who understand that leadership is no longer about simply weathering the storm, but it is learning how to transform through it and to bravely choose to be courageous enough to lead from the inside out. Even though the world often feels like it's spiralling, too loud, too fast, too fragmented, it's easy to lose one's centre. However, the path from external chaos to inner consciousness is not about fixing the world, it's about learning to hear yourself beneath it.

The insights below can help to move one from a state of overwhelming anxiety and turmoil into a space of clarity, alignment, and purpose?

- **Be Still:** Stillness is not the absence of motion, but a deliberate pause. It's the decision to close the laptop, silence the phone, and step out of the current noise. Chaos thrives on your attention, so reclaim your space. Being still does not need to be dramatic; it might be five minutes of intentional breathing, sitting beneath a tree, or watching the sky without purpose. Only in being still does life and its experiences, nature and her silences, and reflections and its intuitions will supply one with what is necessary in the chaos and crisis of life.

- **Deep Awareness:** Notice what's happening without judgment. Most of us react to chaos automatically, pulled into fear, anger, or panic. However, consciousness begins when you observe rather than react and ask yourself: What part of me is triggered? This self-enquiry cracks open a space where clarity dawns.

- **Play the Witness:** When we understand that we are not the news, we are not our stress and we are not even our thoughts, then it's the first step to rising above the noise. External chaos often mirrors internal confusion, and we get tangled in the



Brenda Kali
Chairperson - Conscious Companies
CEO - Conscious Leadership and Ethics Institute

belief that we are the storm but the moment you realise that you are just the witness, the one watching the storm and not the storm itself, you open the door to true consciousness..

- **The Power to Choose:** To paraphrase my favourite bard William Shakespeare who once said: 'the choices you make dictate the life you lead'. You have the power to choose. Consciousness does not mean you ignore the world or float above it in detachment. It means you move through it intentionally, you discern what deserves your energy and you choose your reaction and response. You align with truth instead of noise.

- **Breath is the secret to Consciousness:** The power of breath must not be underestimated. The body breathes even if we are sick, asleep, running or dancing. From your very first breath at birth to the final gasp at death, we breathe. The air we breathe is a conduit of the life force within us. Most of us take so much for granted that we seldom give a thought to the very power that moves us – our breath. When we stop breathing, we stop, we die. Yet how many of us are consciously aware of this and concentrate or even aware of our breathing each day.

Breathing techniques contribute to a state of alert calmness through its effects on the vagus nerve. This nerve is critical in social bonding, empathy and love. It also impacts perception, observation and decision-making capacity. Such is the power behind the breath.

- **Meditation:** The art of meditation is where you practice the techniques of breath that speaks to your soul. It is a doorway back to the self to build the muscle of presence. So when chaos roars again, you are not swept away as meditation is a stripping away of the turmoil to a quiet homecoming to who you truly are. The more you meditate, the more easier it is to radiate peace into the storm, without needing to control it.

This is the paradox of awakening to consciousness: when you stop trying to manage the chaos out there, you discover the calm that was always within



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APPLY ONLINE:
consciouscompanies.org

Join our local and international ecosystem of partners, programmes, initiatives and network of conscious leaders through the Conscious Leadership and Ethics Institute community of conscious, ethical business leaders who forge business innovation for the betterment of life. Providing support, collaboration, endorsement, championing, visibility and the celebration of inspirational leadership.